Proposal for ITE 399

members:

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Title: "Healthy living"

Purpose: To provide information and resources on living a healthy lifestyle.

List of possible content:

1. Home Page: A brief introduction to the

website and its purpose, with links to

the other pages.

2. About Us: Information about the

website's creators and their mission to

promote healthy living.

3. Healthy Eating: Tips and resources for

maintaining a healthy diet, including

recipes and meal plans.

4. Exercise: Advice and resources for

incorporating exercise into daily life

with workout ideas and recommended

activities.

5. Mental Health: Information on

managing stress, anxiety, and other mental health concerns, with tips for self-care.

6. Resources: A collection of links to

other websites, articles, and resourcesy

on healthy living.

How HCI is relevant to our webpage?

1. Navigation: The website can use clear

and intuitive navigation elements to

help users find the information they are

looking for quickly and easily.

2. Consistency: By using a consistent

layout, color scheme, and typography

throughout the website, users can

quickly get a sense of the website's

brand and design

3. Accessibility: The website can be

designed to be accessible to all users.